



# Knit for Nips

It is time to join us in our big knitting challenge to help raise vital funds for research into secondary spread.

What do you need?

- Knitting Pins
- Pink wool of your choice
- Teapot and Mug Cosey Patterns available via [www.teacosyfolk.co.uk/free-knitting-patterns.php](http://www.teacosyfolk.co.uk/free-knitting-patterns.php)

**AGAINST**  
breast cancer



## How to take part?

Once you have chosen your knitting pattern, it's time to get knitting for nips!

## You will be supporting Against Breast Cancer if you...

Send in your knitted creations to Against Breast Cancer (Leathem House, 13 Napier Court, Abingdon OX14 3YT) and they will go live on our online shop!

Sell your knitted creations for donations. You either send your cash/or cheque donations to Against Breast Cancer, or set up a Just Giving Against Breast Cancer Knit for Nips Fundraising page.

Share your designs on social media and tag in **@againstbc**

## You are not on your own!

Contact **[molly@againstbreastcancer.org.uk](mailto:molly@againstbreastcancer.org.uk)** if you have any questions or would like some fundraising materials. You may want to get a knitting team together, and we have posters to help you recruit.



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